



OEA has been working with Lutheran Family Services to be able to provide a Teacher Support Group for OPS teachers. They do not have to be a member of OEA to participate in the program. This is an 8-week program that meets on a biweekly basis at Lutheran Family Services. Your participation in this program will not be available to OEA or the district. If we have more than 12 individuals sign up, we will work on the funding for another group.

Stay safe and warm,
Kathy Poehling
OEA President



Counselor-led support for education professionals.

Lutheran Family Services' (LFS) invites Omaha Public Schools classroom educators to join our OPS Educator Group.

What is it?
Bi-weekly, 90-minute sessions covering topics like managing stress and anxiety, avoiding burnout, and adapting to change.

When?
Starting February 1, 2024, the group will meet from 6:00 - 7:30 p.m.

Where?
LFS Headquarters
7929 Center Street
Omaha, NE 68124



2024 Dates:

- February 1, 15, and 29
- March 14 and 27
- April 11 and 25
- May 9

Learn more and sign up at OneLFS.org/OPSGroup. Or scan the code.



Lutheran Family Services
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