



Dear Educators,

In the wake of the recent tragedy at Northwest High School, I want to express my heartfelt compassion to all of you. As educators, you play an essential role in shaping young minds, and it's heartbreaking that you've had to navigate such a traumatic event.

As the days pass, focus on healing. Take care of yourself by reaching out to colleagues, friends, or mental health professionals if you need to talk. It's okay not to have all the answers; seeking support is a sign of strength. Lean on your fellow teachers and staff. Together, you can create a supportive environment for both students and each other.

Understand that your students may be scared, confused, or grieving. Be there for them. Listen actively, validate their feelings, and encourage them to express themselves. Sometimes, just being a compassionate presence can make a world of difference.

Remember, you are more than educators; you are beacons of hope and stability during challenging times. Your dedication to your students is commendable, and I hope you find strength in your shared commitment to their well-being.

Sincerely,

Kathy Poehling
President
Omaha Education Association

Tim Royers
President
Nebraska State Education Association



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